



Pregnancy can happen in a range of different situations and can often be unplanned

If you, or someone you know, are experiencing an unplanned pregnancy, the Pregnancy Choices Helpline can support with free, unbiased and confidential information on pregnancy options.

You can speak with a health professional by calling: the Pregnancy Choices Helpline on **1800 008 463**.

This phone line is available 8:30am-5:00pm Monday to Friday, or you can visit the Pregnancy Choices Helpline website and Live Chat at **www.pregnancychoices.org.au** for more information.

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